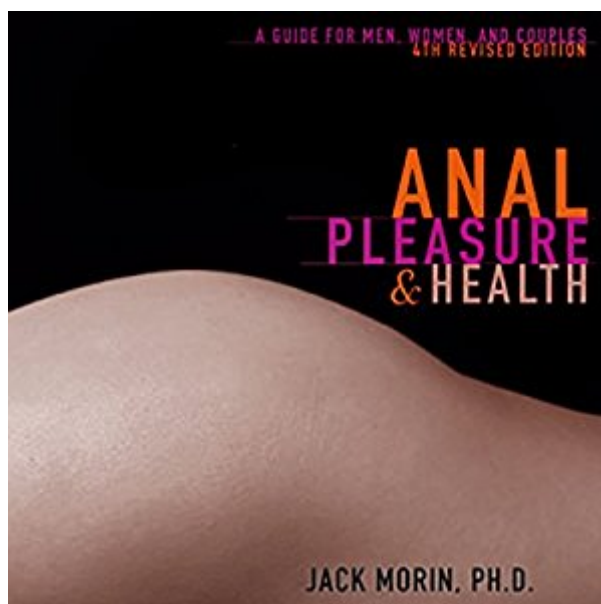


The book was found

Anal Pleasure And Health: A Guide For Men, Women, And Couples



Synopsis

For many years the focus of fear and disgust, the anus is actually one of the human body's most wondrous creations-elegant, efficient, and richly supplied with pleasure nerves. However, stress and ignorance can turn the anus and its functions from a source of delight into a painful disability. What's needed is an owner's manual-and here it is! Join therapist and sexologist Jack Morin, Ph.D., on this tour of the anus, complete with information and exercises to open the door to new sources of comfort and gratification. You'll unlearn habits that can cause everything from hemorrhoids to chronic pelvic pain- and, if you choose, learn new ways of achieving solo and partnered pleasures through this humblest of portals.

Book Information

Audible Audio Edition

Listening Length: 9 hours

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: September 15, 2012

Whispersync for Voice: Ready

Language: English

ASIN: B009B4CJDC

Best Sellers Rank: #41 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality #440 in Books > Medical Books > Psychology > Sexuality #673 in Books > Health, Fitness & Dieting > Psychology & Counseling > Sexuality

Customer Reviews

This book is truly amazing, dealing with all aspects of this most important aspect of every person. The physiological descriptions and illustrations opened my eyes. There is just so much ignorance about the actual structure and physiology of the anus, rectum, sigmoid colon, and descending colon. It takes no more proof than reading any number of sex blogs, and even Wikipedia. There is so much this book can teach you about the real physiology of these areas, as opposed to all the misinformation you will encounter on www. However, there is so much more to this book than the physical aspects. Professional sexologist Dr. Jack deals with all the emotional, psychological and spiritual issues as well. I found myself agreeing with everything I was reading, and feeling really excited about it all! This book contains so much common sense and even mystical truths. Ask me: I

have been practicing Buddhist meditation for 19 years, which has completely transformed my everyday experiences. This author knows what he is talking about, and what he says can be truly helpful and healing for any injured soul, including many injured behinds. You don't even have to be interested in anal eroticism to benefit. It is also about good health, of which the anus, rectum and colon form an integral part. Before reading this book I always felt a little uneasy about my very personal and long-standing interest in this subject, going back to when I was only three and knew absolutely nothing about sex. At that tender age I felt great excitement and an urge (itch?), but did not know what it all meant.

[Download to continue reading...](#)

Anal Pleasure and Health: A Guide for Men, Women, and Couples The Ultimate Guide to Anal Sex for Women, 2nd Edition The Harvard Medical School Guide to Men's Health: Lessons from the Harvard Men's Health Studies (Well-Being Centre = Centre Du Mieux-Etre (Collection)) Fifty Explicit Erotica Stories: 50 Stories of Threesomes, Lesbians, MILFs, Gangbangs, and Anal Sex Blackmailed into Double Penetration: A Reluctant First Anal Sex Erotica Story, Double Trouble, Book 5 The Ultimate Guide to Prostate Pleasure: Erotic Exploration for Men and Their Partners Sexual Intimacy for Women: A Guide for Same-Sex Couples Why Women Love Jerks: Realizing the Best Version of Yourself to Effortlessly Attract Women (Dating Advice for Men to Attract Women and Increase Confidence) #Women #Coloring Book: #Women is Coloring Book No.8 in the Adult Coloring Book Series Celebrating Women (Coloring Books, Women, Shopping, Gifts for ... Series of Adult Coloring Books) (Volume 8) Alternative Medicine Guide to Women's Health 1 (Women's Health Series) (Volume 1) French Women for All Seasons: A Year of Secrets, Recipes, and Pleasure French Women Don't Get Fat: The Secret of Eating for Pleasure Sexy Prostate: Male G-Spot Massage for Pleasure and Health The Prostate Massage Manual: What Every Man Needs To Know For Better Prostate Health and Sexual Pleasure Advanced Health Assessment of Women, Third Edition: Clinical Skills and Procedures (Advanced Health Assessment of Women: Clinical Skills and Pro) Olds' Maternal-Newborn Nursing & Women's Health Across the Lifespan (10th Edition) (Maternal-Newborn & Women's Health Nursing (Olds)) Fashion Patternmaking Techniques. [Vol. 1]: How to Make Skirts, Trousers and Shirts. Women & Men. Skirts / Culottes / Bodices and Blouses / Men's Shirts and Trousers / Size Alterations The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help Still a Man's World: Men Who Do Women's Work (Men and Masculinity) Sex and Marriage: How to Guide for Sex and Passion and Desire for Married Couples: Discover the 10 Ways to Turn Your Sex Life From Routine to Lustful Desire

[Dmca](#)